

2021 December

Middle and High School Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin) Fruit 100% Fruit Juice Milk	Dutch Waffle Fruit 100% Fruit Juice Milk	French Toast Chicken Sausage Patty Applesauce Cup 100% Fruit Juice Milk
6	7	8	9	10
No School	Whole Grain Donut Fruit 100% Fruit Juice Milk	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin) Fruit 100% Fruit Juice Milk	Scrambled Eggs Potato Patty Graham Cracker Apple Sauce Cup 100% Fruit Juice Milk	French Toast Chicken Sausage Patty Fruit 100% Fruit Juice Milk
13	14	15	16	17
Breakfast Pizza (Turkey sausage and cheese) Yogurt Fruit 100% Fruit Juice Milk	Pancakes Hashbrown Patty Fruit 100% Fruit Juice Milk	Breakfast Sandwich (Chicken Sausage, Egg, and Cheese on an English Muffin) Fruit 100% Fruit Juice Milk	Dutch Waffle Fruit 100% Fruit Juice Milk	French Toast Chicken Sausage Patty Applesauce Cup 100% Fruit Juice Milk
20	21	22	23	24
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
27	28	29	30	31
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break

Additional Cold Option may include:

- Assorted Cereal
- Breakfast Bar and Yogurt or Cheese Stick
- Giant Goldfish Cracker and Yogurt or Cheese Stick
- Breakfast Bread and Yogurt or Cheese Stick