| 2022 November <br> High School Lunch Menu |  |  |  | Osseo Area Schools <br> ISD © 279 |
| :---: | :---: | :---: | :---: | :---: |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|  | 1 | 2 | 3 | 4 |
|  | Breaded Chicken Sandwich (Regular and Spicy) Chips | Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties Hashbrown Patties | Country Fried Beef Steak Mashed Potatoes And Country Gravy Dinner Roll | Poppin' Flavored Popcorn Chicken Day Southern Style OR Nashville Hot BBQ Baked Beans Fritos |
|  | International Cuisine | International Cuisine | International Cuisine | International Cuisine |
|  | Orange Chicken with White Rice Chicken Potsticker <br> Steamed Seasoned Broccoli Fresh Fruit <br> Assorted Fresh Vegetables | Italian Dunker with Marinara Sauce Caesar Salad <br> Honey Roasted Carrots Fresh Fruit <br> Assorted Fresh Vegetables | General Tso Chicken Lo mein Noodle Ginger Stir-Fry Vegetable <br> Fresh Fruit Assorted Fresh Vegetables | Penne Grilled Chicken Alfredo Breadstick <br> Garlic California Vegetables Fresh Fruit Assorted Fresh Vegetables |
| 7 | 8 | 9 | 10 | 11 |
| Mini Chicken Corndogs Chips | No School | Sloppy Joes Chips BBQ Baked Beans | Chicken Wing Day <br> Salted Pretzel with Cheese Sauce | Philly Beef Sandwich Sidewinder Fries |
| International Cuisine |  | International Cuisine | International Cuisine | International Cuisine |
| Rotini Beef Meat Sauce <br> Garlic Toast <br> Savory Green Beans and Onions <br> Fresh Fruit Assorted Fresh Vegetables |  | Pizza <br> (Turkey Pepperoni or Cheese) Caesar Salad <br> Parmesan Spinach Alfredo w/ Tortilla Chips <br> Fresh Fruit Assorted Fresh Vegetables | Sweet and Sour Chicken with Fried Rice <br> Vegetable Egg Roll <br> Buffalo Cauliflower <br> Fresh Fruit Assorted Fresh Vegetables | Chicken Tenders <br> (Regular and Spicy) Cornbread <br> Sidewinder Fries <br> Oven Roasted Sweet Potatoes <br> Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie |
| 14 | 15 | 16 | 17 | 18 |
| Beef Taco in a Bag White Rice | Breaded Chicken Sandwich (Reqular or Spicy) Chips | Brunch for Lunch French Toast Flavored Muffin Chicken Sausage Patties Hashbrown Patties | Build your own Beef Nachos (Beef Taco Meat/Cheese Sauce) Corn Tortilla Chips | Poppin' Flavored Popcorn Chicken Day Southern Style OR Nashville Hot BBQ Baked Beans Fritos |
| International Cuisine | International Cuisine | International Cuisine | International Cuisine | International Cuisine |
| Thai Sweet Chili Chicken with White Rice <br> Chicken Potsticker <br> Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables | Hearty Beef Lasagna <br> Garlic Toast <br> Caesar Salad <br> Roasted Broccoli <br> Fresh Fruit <br> Assorted Fresh Vegetables | Italian Dunker with Marinara Sauce <br> Caesar Salad <br> Cauliflower with Soy Sauce <br> Fresh Fruit <br> Assorted Fresh Vegetables | Roast Turkey with Gravy <br> Mashed Potatoes Bread Dressing Buttered Corn Fresh Fruit Assorted Fresh Vegetables JonnyPops Popsicle | Penne Grilled Chicken Alfredo <br> Garlic Breadstick <br> Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables |
| 21 | 22 | 23 | 24 | 25 |
| Chicken Wing Day Salted Pretzel with Cheese Sauce | Mini Chicken Corndogs Curly Fries | Chicken Tenders (Regular and Spicy) Caesar Salad Breadstick | No School | No School |
| International Cuisine | International Cuisine | International Cuisine |  |  |
| Rotini and Beef Meatball Marinara <br> Breadstick <br> Oven Roasted Sweet Potatoes <br> Fresh Fruit <br> Assorted Fresh Vegetables | Shredded Chicken Burrito Bowl with Flour Tortilla Cilantro Lime Rice Southwest Beans Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables | Pizza <br> (Buffalo Chicken or Cheese) <br> Caesar Salad <br> Parmesan Spinach Alfredo w/ Tortilla Chips <br> Fresh Fruit <br> Assorted Fresh Vegetables |  |  |
| 28 | 29 | 30 |  |  |
| Macaroni and Cheese Garlic Toast | Breaded Chicken Sandwich (Regular and Spicy) Chips | Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties Hashbrown Patties |  |  |
| International Cuisine | International Cuisine | International Cuisine |  |  |
| Build your own Beef Nachos <br> (Beef Taco Meat / Cheese Sauce) Corn Tortilla Chips <br> Oven Roasted Brussel Sprouts Fresh Fruit <br> Assorted Fresh Vegetables | Orange Chicken with White Rice Chicken Potsticker <br> Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables | Italian Dunker with Marinara Sauce Caesar Salad <br> Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables |  |  |
| Offered Daily |  |  |  |  |
| Grab and Go: Managers Choice Salad and Sandwich | Grab and Go: Managers Choice Salad and Sandwich | Grab and Go: Managers Choice Salad and Sandwich | Grab and Go: Managers Choice Salad and Sandwich | Grab and Go: Managers Choice Salad and Sandwich |
| Grill Line: Burgers and Hotdogs | Grill Line: Burgers and Hotdogs | Grill Line: Burgers and Hotdogs | Grill Line: Burgers and Hotdogs | rill Line: Burgers and Hotdogs |

IN SCHOOL OFFERED DAILY:
Manager Choice of: Specialty Salad, Specialty Sandwich, Yogurt Parfait, or Peanut Butter or Sun Butter and Jelly sandwich.
*In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day.
This institution is an equal opportunity provider.

